



What Is AMPK Metabolic Activator?

AMPK Metabolic Activator is our customer-favorite formula for weight management. It contains 450 mg of *G. pentaphyllum* (Jiaogulan) extract and 500 mg of hesperidin, a flavonoid derived from citrus fruit. Each bottle contains 30 vegetarian tablets, enough for a one-month supply at the suggested dosing of one tablet a day. AMPK Metabolic activator is gluten-free and made with 100% NON-GMO ingredients.

*The *G. pentaphyllum* in our formula has been clinically studied to reduce stubborn abdominal fat—and we've augmented it with hesperidin from citrus fruit.*

AMPK Metabolic Activator Benefits

- Fight fat by encouraging cellular AMPK enzyme activity
- Targets stubborn abdominal fat with *G. pentaphyllum* extract
- Helps fight overall body fat with the citrus flavonoid hesperidin

Why Should I Supplement With AMPK Metabolic Activator?

Customer: It doesn't matter what I do. I'm careful about what I eat. I drink tons of water. I exercise daily. All of this hard work—and I still can't beat the belly fat. What can I do?

Michael A. Smith, MD: As we age, our body produces less of an enzyme called AMPK, which helps to convert sugar and fat into energy. And a decline in AMPK might be a major cause for unwanted belly fat. However, studies show that if you increase AMPK activity, this can encourage your body to stop storing fat and burn it as energy. So take the fight against fat to the cellular level with Life Extension's AMPK Metabolic Activator.

Customer: I did some research and found out that belly fat can actually speed up the normal aging process because it creates compounds that cause inflammation and oxidative stress. And who wants that? After adding AMPK Metabolic Activator to my normal routine, I've noticed a big difference. Good thing, too...because my husband just booked us a cruise, and I'm really excited to relax by the pool!

Product Details

Fat can accelerate the aging process in your body.^{1,2} Reduced AMPK activity has been observed in fat tissue.³ That's where promoting AMPK enzyme activity comes in.

Increasing AMPK activity



Increasing AMPK enzyme activity tells cells to stop storing fat and start using it to create ATP.⁴ Your body uses ATP for cellular energy. And our AMPK Metabolic Activator provides the citrus flavonoid hesperidin to support overall fat reduction and Actiponin® *G. pentaphyllum* extract, an extract that activates AMPK and helps promote abdominal fat reduction.

Healthy cellular AMPK activity is an essential part of a weight management program. But please note: AMPK activation will be more effective when combined with a healthy diet and regular exercise.

Other health benefits of hesperidin

Hesperidin also helps promotes healthy vascular function.⁸ Try AMPK Metabolic Activator and take the fight against belly fat to the cellular level.