



What Are Collagen Peptides for Skin & Joints?

Collagen is important: it makes up about a third of your body's total protein. But collagen normally found in your diet may be difficult for your body to absorb because of its size and structure. Hydrolyzed collagen is easier to absorb, so we've combined three types into one formula. This way, you get the maximum benefit out of your daily collagen regimen.

Healthy, beautiful skin. Comfortable joints. All require collagen—a special protein that your body produces

less of as you age.

Collagen Peptides for Skin & Joints Benefits

- Contain Types I, II & III of hydrolyzed collagen
- Supports joint health, cartilage health and joint comfort
- Helps reduce appearance of wrinkles
- Made with collagen hydrolysate, which is easier to digest and absorb
- Unflavored powder mixes with water or favorite nutritious drink

Why We Use Hydrolyzed Collagen

The types of collagen that are most common in your body (types I, II and III) are found in your skin and connective tissue. Each type has slightly different structures that are not easy to digest and absorb in their natural, full-length form. So, we used hydrolyzed collagen (collagen hydrolysate): very small fragments of collagen that are more easily absorbed, which helps you get the most out of our collagen formula.

Collagen Peptides for Skin & Joints

Why Should I Supplement With Collagen Peptides for Skin & Joints?

Healthy glowing skin. Strong bones. Comfortable joints. What do they all have in common? Collagen.

But over time, the body produces less and less, and it's difficult to absorb from diet alone. That's why we've combined three types of collagen that are easier to absorb in our Collagen Peptides for Skin & Joints.



Supplement Facts

About 30 Servings Per Container
Serving Size 1 Scoop (approx. 11g)

Amount Per Serving	% Daily Value
Calories	45
Sodium	30 mg 1% [†]
Protein	10 g

Type I, II & III Hydrolyzed Collagen Peptide Complex (from bovine and chicken) 11.1 g **

** Daily Value not established.

[†]Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: none.

Manufactured for:
Quality Supplements and Vitamins, Inc.
FL Lauderdale, FL 33309
LifeExtension.com

To report a serious adverse event or obtain product information, contact 1-866-280-2852.

This science-based formula helps promote your joint comfort and health, as well as keep your skin looking healthy and vibrant. Unflavored Collagen Peptides from Life Extension easily mixes into your favorite drink. Try it today!